

Issue 9- 31<sup>st</sup> March 2023

## PRINCIPAL REPORT

Hello everyone,

The Student Voice Team (SVT) have started selling ANZAC badges at school during the breaks. In just two days our team have raised \$549 for the ANZAC Appeal. Next week sales will be conducted before and after school near the ELC vehicle access gate and at break times also. Our entire community are encouraged to buy a badge and support this worthy cause. EFTPOS facilities will be available for parents before and after school.



The SVT will also be raising money for the Royal Children's Hospital, Good Friday Appeal. On the last day of term, we had already planned to host our school Cross Country Event. Students are invited to come in their house colours on Thursday, April 6<sup>th</sup> (last day of term). We also ask that you please send your child with a gold coin or money that folds to support this appeal. We're calling it 'Run for the Kids' and combining a great house event with a fundraising event for the RCH. You can also donate money prior by clicking [here](#):

## CALENDAR

April 6	Whole School Cross Country Run for the Kids  <b>Last day of Term 1- 2.30pm finish</b>
April 24	Start of Term 2
April 25	<b>Public Holiday ANZAC Day</b>
April 28	WPS House Athletics Carnival

## HAPPY BIRTHDAY

Wishing the following children a very Happy Birthday!

**3<sup>rd</sup> April**  
Tyler 02M  
Summer 3/4S  
Levy 06P

**4<sup>th</sup> April**  
Nicole 05T

**5<sup>th</sup> April**  
Jordan 01P

**6<sup>th</sup> April**  
Hamish 3/4B  
Harlenn 06P

**7<sup>th</sup> April**  
Madison 05T



CROSS COUNTRY  
RUN FOR THE KIDS  
THURSDAY, APRIL 6TH



Our new playground is essentially complete. On Tuesday next week we have a handover meeting. If all items are noted as being acceptable the playground will be open for the students to use on the last couple of days of term.



### **Canteen**

I am also pleased to announce that a new canteen service will be up and running for Term 2. Our school council approved a license agreement with Helena Putnik. She has extensive experience running canteen services, most recently at a school in Kilmore. Helena impressed us with her commitment to a healthy and well-balanced menu which has already been created. The new canteen service will utilise the existing ordering app from our previous supplier. Parents will be able to update their QuickCliq account and place new orders shortly. The new canteen menu and more information will be provided next week.

### **Car Park**

In regard to our staff car park, I ask that all members of our community respect the appropriate use of the disabled parking space and our reserved car spaces. On numerous occasions the reserved car spaces have been taken by members of our community. Quite often leadership staff need to attend to meetings and other activities off site and require access to these car spaces at all times. Also, on occasions our staff have been unable to park due to parent use. As a result, the school is investigating an access gate to restrict access at certain times. In the meantime, please respect the reserved spaces and leave these vacant for staff use.

### **Prime Drinks**

There has been a lot of media attention on a particular brand of hydration drink – Prime. A reminder that students should only be bringing water to school in their drink bottle. Our approach to Prime hydration is consistent with any other energy / sports drink such as Gatorade. These drinks should not be at school and aren't part of a healthy diet that promotes learning.

Until next week,

Ty Hoggins  
Principal



## ASSISTANT PRINCIPAL REPORT

Hello everyone,

On Monday, our Year 5/6 students participated in an incursion with local Indigenous Elder Ian Hunter and Tarni Hunter as part of their inquiry unit, 'How have significant people and events shaped Australia and its diversity?'. The students engaged in cultural conversations from an indigenous perspective and learnt about bush tucker and how plants can be used to create jewellery. Ian also played the didgeridoo for the students. We would like to thank Ian and Tarni for giving their time and we look forward to welcoming them back to our school in the future.



On Monday next week, our Year 1/2 students will experience a visit from History Box as part of their inquiry unit, 'My Family History'. The incursion, titled 'Then and Now' will begin with an introduction into what life in Australia was in the 1800s. Students will access photos and artefacts relating to the Australian gold rush, and explore some traditional 1800s fashion. The students will also have the opportunity to practise handwriting with fountain pens and ink and play with some old-fashioned toys and games, including some Aboriginal games.

As our first inquiry units draw to a close early next term, our Year 3/4 students will experience 'Forces in Motion' on Thursday 27<sup>th</sup> April, our first week back next term. This incursion, run by the talented team at Mad About Science, will investigate the force of gravity, considering why apples fall to the ground or why cars roll to a halt. Students will learn about forces and how they are constantly at work. This incursion will provide a stimulating, hands-on look at things that move and why. This event has gone live on Compass today for all students in Years 3 and 4.

After consultation with our school community and school council last Tuesday, please note the following change to our Uniform policy with regards to shoes. The policy now reads-

*Daily footwear will consist of only traditional black school shoes (Lace up or Velcro only, no slip-ons) or predominantly black runners. **Predominantly black** means that they are mainly black with some element of colour. Here is an example:*



Please also note that the soft-shell jacket is now available for purchase at Academy Uniforms in Thomastown. A new batch of school polo shirts are also available. Purchases can be made either in person or online at <https://academyuniforms.com.au/> For first time purchases of the soft-shell jacket, we recommend these are made in person to ensure you choose the correct size.

Finally, a reminder that next Thursday is Cross Country. Please send your child to school in house colours and something that jingles or folds for the RCH Good Friday Appeal. Alternatively, you can donate on our school page <https://fundraise.goodfridayappeal.com.au/fundraisers/whittleseaprimarieschool/gfa>

Best wishes for a wonderful weekend with your family 😊

Rae Gittos  
Assistant Principal

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Congratulations to our Grade 6 students Edmund Conley and Lola Volkanovski who represented our school yesterday, at the Northern Metropolitan Region Primary Swimming Championships. Well done to the both of you!

#### Events

**Edmund-** Boys 12/13 50m Butterfly & 50m Breaststroke

**Lola-** Girls 12/13 50m Breaststroke



# ★ Star of the Week ★

Foundation F Fasone/Betty	Awarded to: <b>Kade Bux</b> For: actively participating in class discussions and sharing great ideas with his peers.
Foundation G Gordan	Awarded to: <b>Charlotte Skoda</b> For: working successfully with your partner in reading. Great work!
Year 1F Fontana	Awarded to: <b>Ted Reilly</b> For: Independently planning a narrative for an alternative version of a fairy tale.
Year 1M Merritt	Awarded to: <b>Isabelle Shaw</b> For: showing persistence when making equal groups of in maths. Great effort!
Year 1P Powell	Awarded to: <b>Harrison Hodges</b> For: doing his best 'Tesla' fast writing when writing a story about 'Ouch!'
Year 2M Maxfield	Awarded to: <b>Finn Larmer</b> For: assisting classmates to login to library computers and writing a great story.
Year 2A Avolino/Mondon	Awarded to: <b>Noah Hilton-Bright</b> For: making excellent connections between print and matching illustrations!
Year 2K Kaur	Awarded to: <b>Chelsea Flynn</b> For: doing her best on all learning tasks this week and helping others succeed. Well done, Chelsea!
Year 3/4B Barker	Awarded to: <b>Harrison Birthisel</b> For: his outstanding effort towards achieving his writing goal of using paragraphs in his writing. Well done, Harrison!
Year 3/4D Di Mauro	Awarded to: <b>Amara Khan</b> For: her amazing effort in writing her narrative and taking on feedback to level up her writing! 😊
Year 3/4S Daniels	Awarded to: <b>Lola Mathews</b> For: Completing her story and focusing on her learning. Well done
Year 3/4W Wright	Awarded to: <b>Maya Smith</b> For: her enthusiasm, creativity and dedication to writing entertaining narratives. Well done, Maya.
Year 3/4C Cowdery	Awarded to: <b>Janaya Lister</b> For: working hard to improve her reading skills and learning 50 new Oxford Words this month!
Year 5B Burgess	Awarded to: <b>Harrison King</b> For: continually setting the bar high to achieve his goals and achieving them.  Awarded to: <b>Margaret Gittos</b> For: continuing to work hard during maths learning. You are smashing out your learning goals Margaret. Well done!
Year 5V Vitale	Awarded to: <b>Jada Smith</b> For: working very hard on her maths learning this week to achieve her personal best. Amazing, Jada! 😊
Year 5T Tuppen	Awarded to: <b>Tristan Cleaver</b> For: challenging his learning in Maths during our division lesson. Well done, Tristan!
Year 6L Leslie/McAlley	Awarded to: <b>Grant Munro</b> For: your dedication to your writing this week, going above and beyond to apply figurative language and editing skills
Year 6C Cummins	Awarded to: <b>Savanah Georgiou</b> For: always doing her best to improve her narrative writing. Well done, Savanah!
Year 6P Panahinejad	Awarded to: <b>Cadil Tohow</b> For: his improved use of sensory language in his writing



PE Freeman	Awarded to: <b>Dylan Pratt (34B)</b> For: Demonstrating great effort and a team spirit during PE.
PE BOOST Smith	Awarded to: <b>Henry Charity</b> For: for stepping out of his comfort zone and giving his best when trying different dances today, well done!
The Arts Capobus-Thorpe	Awarded to: <b>Ivy Dawson</b> For: trying her best to create a loud moth monster artwork in art.
STEM Reid	Awarded to: <b>Christopher Schmidt</b> For: Taking responsibility for key components of his group project.



# Mental Health at Whittlesea Primary School

## Encouraging independence

As children get older, they can manage more and more tasks and decisions on their own. Some kids are confident trying new things, while others need a bit more encouragement. Finding the right level of support can also be tricky – you're trying to hit a sweet spot where kids are challenged and can learn through trial and error, but also feel secure and know that they have adult backing. It can be an adjustment for parents too, but one that pays off as kids' self-confidence, maturity and resilience grows.

## Increasing autonomy through new experiences

Taking risks and being impulsive can be part of a younger child's quest for new experiences, and kids are notorious for testing boundaries. You can help by providing structure and gradually introducing different challenges, giving them space to experiment and figure things out by themselves within the safety of your family.

Taking them to a different playground with bigger play equipment, getting them to help when you're preparing meals and encouraging them to play on their own for short time periods are all ways you can support this growing independence.

It's important to remember that the part of our brain that processes consequences develops much later than the parts responsible for actions – in short, kids often do things without thinking through what will happen as a result. Make sure you balance their growing need for independence with enough supervision to ensure they're always safe from harm – to themselves and other kids.

## Establish clear limits

It's important to be clear about what behaviour is OK and not OK in your family. Sit down together and talk about the rules of the house and set the consequences for breaking those rules. It can help to display the rules somewhere visible – on a poster, behaviour chart or the fridge.

For younger children, keeping it simple works well – for example no hitting, no breaking things, inside voice/outside voice etc. Consequences can also be pretty straightforward, such a removal of a toy for a time period.

As kids get older you can keep updating the family rules together. Remember that rules don't always have to be negative. Think of them as guidelines for how everyone in the family treats each other and expects to be treated in return.

### **Pay attention to their needs.**

Paying attention to your child's emotional needs helps them feel secure and gives them the confidence to be more independent.

Here are some ideas:

- Pick some fun activities that they enjoy and that give you a chance to spend some one-on-one time together. Things like baking, going for a day trip, or making a book of family photos are all good options.
- Develop a habit of doing something special with each child once a month away from the rest of the family.
- Try and eat dinner together as often as you can. This can be challenging, as younger kids often need to eat earlier and might not want the same food as the rest of the family. Dishes like tacos or mini pizzas can work well as a family meal as everyone gets to choose their own ingredients.
- Encourage friendships, especially ones they've made themselves.

### **Know when to back off**

It's important to balance adequate supervision with giving kids the space to figure things out on their own. Give them a chance to make mistakes and try to avoid taking over. If you're unsure if you're stepping into a situation too often or too early, ask yourself "Do I really need to get involved?" and, "What would be the worst thing that can happen if I don't step in?"



Wominjeka, Our service philosophy at Whittlesea Primary School is to make the students the centre of everything we do. We facilitate lifelong development and growth of the children so that they achieve their full potential as individuals. We strive to develop and support the emotional, social and physical wellbeing of the child. We create positive environments for their learning and curiosity and we also encourage the children to be important members of the local and wider communities. Parents, students and staff are strongly encouraged to work together in partnership recognising our shared values of community, confidence, honesty, excellence and respect. We also include our key values which are Safety, Education, Nurturing, Stimulating and Empathy within the service



### What's been happening this week

This week the children have been very excited to start on easter activities. They have made cute little hatching chicks, making easter cards, painting their own easter DIY plasters and making cute little easter baskets which kids will take home with treats inside.

The children have been also super excited to see new additions in the room from having our own Pokemon / Car area, Hairdressing area and other new fun and exciting toys to play with. We have also been very busy making fun and colourful necklace and bracelets.

We still have few hat is the room that need to be collected. Please feel free to drop by and have a look to collect.

### Holiday Program is around the corner

Get ready for our exciting holiday program with the theme Wild Child with lots of fun in and out of the service. We are lucky to be heading to the MCG, Bundoora Farm and watching the Super Mario Bros movies with heaps of other fun planned activities. Remember to book in early to help our team plan and ensure your child has an amazing experience when at the service. We have flyers in the room on our parent sign in and out desk if interested please come and collect one



### Parent Feedback

Parent Feedback We are seeking more feedback from our families. if you could please spare a couple of minutes to give us your thoughts on the service it would be appreciated. Thank you to the parents who have done this already



#### TIMES

Before School: 6:45AM - 8:45AM

After School: 2:30PM - 6:30PM

#### CONTACT HEAD OFFICE



1300 072 410



info@theircare.com.au

#### CONTACT SERVICE



0447 542 696



whittlesea@theircare.com.au



# COMMUNITY NEWS



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# Make a difference in your community.

**School Crossing Supervisor positions now available.  
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There are so many great reasons to join the City of Whittlesea team as a Crossing Supervisor:

- Starting hourly rate of \$31.96 (work 40 weeks but be paid for 52 weeks a year)
- Work 15 hours per fortnight during school terms (Annualised salary paid 12.6hrs per fortnight)
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- Receive on-the-job training and uniform is provided
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- Join the City of Whittlesea's active social club and attend organised events
- Health & Wellbeing Programs available



**TO APPLY** visit the City of Whittlesea website at [www.whittlesea.vic.gov.au/schoolcrossings](http://www.whittlesea.vic.gov.au/schoolcrossings)

**For further information** please contact the School Crossing Team on 9217 2508 or email [school.crossing@whittlesea.vic.gov.au](mailto:school.crossing@whittlesea.vic.gov.au)





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- SAVE THE DATE -

# Resilient Communities

## Workshop Series

**Build your skills in the art of sustainable, climate-resilient living and community connection with the Resilient Communities Workshop Series.**

The workshops run throughout the year and will look at a variety of subjects, including keeping backyard chooks, seed saving, mending fabrics and mindfulness. Participants will have opportunities to create items and take them home, and those who attend every session will be entered into a prize draw at the series end.

### Community Climate Conversations

Wednesday 8 February, 6pm-7.30pm  
Online

### Keeping Backyard Chooks

Saturday 11 February, 10am-12pm  
Ganbu Gulinj Community Centre,  
55 Macedon Parade, Wollert

### Home Food Preservation

Saturday 4 March, 10am-12.30pm  
Kirrip Community Centre,  
135 De Rossi Blvd, Wollert

### Seed Saving

Saturday 29 April, 10am-11.30am  
Fountain View Room,  
25 Ferres Blvd, South Morang

### Coming Back to Life: Connection in Times of Crisis

Saturday 6 May  
10am-2pm (includes lunch)  
Fountain View Room,  
25 Ferres Blvd, South Morang

### Thrifty Gardening

Wednesday 21 June, 6pm-7.30pm  
Online

### Energy Matters: Beat the Heat and Kill the Chill

Thursday 13 July, 6pm-7.30pm  
Online

### Basic Mending and Textile Repairs

Saturday 19 August, 10am-11.30am  
Location TBD

### Discovering Biophilia: Mindfulness and Observation in Nature

Saturday 30 September  
10am-12pm  
Fountain View Room,  
25 Ferres Blvd, South Morang

### Urban Foraging 101

Saturday 7 October  
10am-12pm  
Fountain View Room,  
25 Ferres Blvd,  
South Morang

### Series Wrap up Celebration and Showcase

Saturday 25 November  
10am-12pm  
Fountain View Room,  
25 Ferres Blvd, South Morang



free



**Scan the QR code to register**

We recognise the rich Aboriginal heritage of this country and acknowledge the Wurundjeri Willum Clan and Taungurung People as the Traditional Owners of lands within the City of Whittlesea.



**City of Whittlesea**