

Issue 11- 1st May 2023

PRINCIPAL REPORT

Hello everyone,

The theme for today's article is personal best. At our assembly today Mr Freeman explained to our students that it is not about how many ribbons you are awarded, what is most important is that you give your best to everything you do. Last Friday I was so proud to see our students competing at the House Athletics Carnival with that mindset. Adopting a growth mindset involves looking for opportunities to improve, reflecting on what is going well and using self-talk like – 'I can do this!'

I saw this in spades last Friday, particularly with students at the end of the day who selected, by choice, to run the 800-metre race. For many it was their first time running this distance competitively and some considered stopping after the first lap of 400 metres. Despite this, I saw our students embrace the challenge and persist.

Congratulations to all our wonderful students from F-6 who participated in our House Athletics. There was a great level of enthusiasm and energy across our learners and our staff couldn't be prouder. To the winning house – congratulations **DUGAT!** As a proud leader of Dhulin, I was hoping to go back-to-back after last year's success, but it wasn't to be. A big thank you to Mr Leslie and Mr Freeman for coordinating the day. The inclement weather held off long enough for us to complete all events as planned.



CALENDAR

| | |
|--------|-------------------------------------|
| May 9 | Foundation 2024 Info Night |
| May 10 | Chinese New Year Dress Up Day |

HAPPY BIRTHDAY

Wishing the following
children a very
Happy Birthday!

17th April

Paige 3/4D

18th April

Dylan 02K

Baylee 3/4B

Tygue 05T

20th April

Taylor 06P

21st April

Harper 01F

Noah 06P

Riley 06P

23rd April

Isaac 01P

24th April

Salah 3/4S

Lujayn 3/4W

Addie 05T

26th April

Lucas 02M

27th April

Elayah 06C

28th April

Charlee 00F

Ethan 01F

29th April

Elliot 3/4C

30th April

Kaylee 01M

Kit 01P



Thank you to students and families who participated in the ANZAC Day march last Tuesday. A contingent of over 50 proud Whittlesea Primary students marched along the local streets, paying their respects to those who have served our country. Thank you also to Ms. Betty and Ms. Tuppen for giving your time to help lead our school's involvement.

Last week we also welcomed Helena, our new canteen operator to our school. It is a big job establishing a new canteen and for their first service, food was out of time and enjoyed by all they customers. A reminder to make your account and order for this week. Canteen will be running services on Thursday and Friday each week.

A reminder that our new uniform policy has been endorsed at school council. Shoes that are predominantly black are acceptable within the new policy that is now in effect. Students out of uniform will now have a compass entry recorded and parents will be notified through this online tool.

Please feel free to discuss any concerns regarding uniform with your child's teacher.

Enjoy a great week of learning at Whittlesea Primary School,

Ty Hoggins
Principal

ASSISTANT PRINCIPAL REPORT

Hello everyone,

Welcome back to Term 2. Well done to all students for doing their best at last Friday's whole school athletics event at Meadow Glen international athletics track. Luckily the weather was kind to us and albeit a bit windy, breaks of sunshine helped everyone race through the day.

Today we have posted our Cadbury Freddo and Friends/Natural Confectionary fundraising event on Compass. Boxes will be delivered to school next Wednesday 10th May and will be sent home with the eldest child in each family next Friday 12th May. Please note the timeline below.



OPT OUT: By this **THURSDAY 4th MAY** (call the office or decline the event)

GOING HOME ON: **FRIDAY 12th MAY** (with the eldest child)

MONEY (and unsold chocolates) DUE NO LATER THAN: **FRIDAY 9TH JUNE**

PAYMENT OPTIONS: COMPASS (in Events), PHONE, OFFICE via EFTPOS or CASH

Our preferred method of payment is via Compass. If you do collect cash/coins, please return using the envelope provided. Ensure it is clearly labelled with your child's name, class, and teacher.



If you would like to purchase an additional chocolate box, would prefer a lolly box or if you would like one of each, please call the office to indicate your preference.

The money raised will be used to fund the redevelopment of the front corner of the school, closest to the staff carpark where the cubbies are currently situated. Later this term, our parent gardening group will host a working bee and by supporting our fundraiser you will be helping us to hire the equipment and purchase the materials needed for this redevelopment. We are looking forward to creating another wonderful outdoor space for our students.

A reminder that on Wednesday 10th May we will be hosting a special dress up day to celebrate the Chinese New Year, Year of the Rabbit. Students are encouraged to wear something red or gold or a combination of the two. There will be a special assembly on the basketball court at 9.00AM and parents are welcome to attend.

Best wishes for a wonderful week 😊

Rae Gittos
Assistant Principal



CHINESE NEW YEAR DRESS UP DAY

THE DRAGON DANCE INCURSION



WEDNESDAY 10TH MAY
9AM ON THE BASKETBALL COURTS

2023 
YEAR OF THE RABBIT

TO HELP CELEBRATE THE CHINESE NEW YEAR,
STUDENTS AND STAFF ARE ENCOURAGED TO
DRESS UP IN RED OR YELLOW (GOLD)

Mental Health at Whittlesea Primary School

As we come to an end to another school week, I would like to touch on the importance of having strong routines in place and how it can benefit both our mental health as adults and the young people in your family as well. Routines set out how families organise themselves to get things done, spend time together and have fun.

Why routines are good for children

Safety, belonging and relationships

Routines can be part of an organised and predictable home environment, which helps children and teenagers feel safe, secure and looked after. Having a predictable family life can also help children cope during development changes like puberty, or life events like the birth of a new child, divorce, illness or a house move.

Skills and responsibility

Having chores as part of family routines helps children and teenagers develop a sense of responsibility and some basic skills like time management. These are skills children can use for life. Children develop skills that they can use later in life and fosters a sense of independence.

Healthy habits

Routines can teach younger children healthy habits, like brushing their teeth, taking medicine regularly, exercising, or washing their hands after using the toilet. Routines can reduce stress, and lower stress is good for children's immune systems. Bedtime routines help children's bodies 'know' when it's time to sleep. This can be a big help when children reach adolescence and their body clocks start to change.

Why routines are good for parents

Routines take some effort to create. But once you've set them up, they have many benefits:

- When life is busy, routines can help you feel more organised and in control, which lowers your stress.
- Regular and consistent routines can help you feel like you're doing a good job as a parent.
- Routines help your family get through your daily tasks more efficiently and free up time for other things.
- Routines often mean you don't have to sort out disputes and make decisions. For example, if Sunday night is pizza night, no-one needs to argue about what's for dinner.

What makes a good daily routine?

A good routine is one that suits your family. It also has three key features.

Well planned

In a good routine, everyone understands their roles, knows what they need to do and sees their roles as reasonable and fair. For example, your children know that they take turns with washing up and drying up each night after dinner. As children get older, they can have a say in planning routines.

Regular

Good routines become part of everyday family life. For example, you might all look forward to Sunday night barbecues with your children's grandparents.

Predictable

In a good routine, things happen in the same order each time. Everyone knows what to expect for the day. For example, you always wash school uniforms on the weekend, so you know they'll be ready for Monday morning.

Please reach out if you would like support with creating a routine at home in collaboration with the young person at home, please don't hesitate to reach out!

Katalin

Wominjeka. Our service philosophy at Whittlesea Primary School is to make the students the centre of everything we do. We facilitate lifelong development and growth of the children so that they achieve their full potential as individuals. We strive to develop and support the emotional, social and physical wellbeing of the child. We create positive environments for their learning and curiosity and we also encourage the children to be important members of the local and wider communities. Parents, students and staff are strongly encouraged to work together in partnership recognising our shared values of community, confidence, honesty, excellence and respect. We also include our key values which are Safety, Education, Nurturing, Stimulating and Empathy within the service



Welcome Back!!

Welcome Back to Term 2!! Hope everybody has had a good break and is excited to be back and school. At Theircare we have been pretty busy with our Spring Theme Wild Child. The children were super busy with fun activities where they got to create their own safari hats and binoculars, make mosaic turtles. We also had a lego brick incursion where the children got into groups to create a shelter for their trolls to live in, went to the movies to watch Super Mario Bros, Bundoora Farm and got a tour around the MCG along with getting to play in the interactive zone. We also had a petting farm where the baby animals came to visit and the children loved this

This week we have been focusing on routine and going through our expectations along with doing crafts focused on Blvey which was suggested by children last term. For this term the children have voiced on what they would like our themes to be each week so stay tuned

Feedback

We would appreciate any feedback to help us to focus on your thoughts or any suggestions you may have for the program



TIMES

Before School: 6:45AM - 8:45AM

After School: 2:30PM - 6:30PM

CONTACT HEAD OFFICE



1300 072 410



info@theircare.com.au

CONTACT SERVICE



0447542696



whittlesea@theircare.com.au

COMMUNITY NEWS



WE SPECIALIZE
IN LESSONS
FOR
BEGINNERS

TENNIS LESSONS

LOCATION: WHITTLESEA TENNIS CLUB
74 LAUREL STREET, WHITTLESEA

SPECIAL OFFER!!

ENROL NOW & RECEIVE A
30% DISCOUNT
AND A NEW RACQUET FOR
FREE!



FOR MORE INFORMATION

TEL: 0425 831 666

WEB: WWW.TOPLINETENNIS.COM

EMAIL: BRAYDEN@TOPLINETENNIS.COM





City of
Whittlesea

**Apply
now!**

Make a difference in your community.

**School Crossing Supervisor positions now available.
Enjoy the benefits of permanent part-time work!**

There are so many great reasons to join the City of Whittlesea team as a Crossing Supervisor:

- Starting hourly rate of \$31.96 (work 40 weeks but be paid for 52 weeks a year)
- Work 15 hours per fortnight during school terms (Annualised salary paid 12.6hrs per fortnight)
- Paid public holidays that fall during school terms
- 10.5% superannuation (updated from 1/7/2022)
- Pro-rata sick leave
- Receive on-the-job training and uniform is provided
- Reduced price memberships available at Mill Park Leisure and Thomastown Recreation & Aquatic Centre
- Join the City of Whittlesea's active social club and attend organised events
- Health & Wellbeing Programs available



TO APPLY visit the City of Whittlesea website at www.whittlesea.vic.gov.au/schoolcrossings

For further information please contact the School Crossing Team on 9217 2508 or email school.crossing@whittlesea.vic.gov.au