

Issue 20- 15th July 2022

PRINCIPAL REPORT

Hello everyone,

Exciting news regarding our school uniform reforms. As shared last term Academy Uniform will be the new supplier of uniforms for Whittlesea Primary School. We are working closely with Mark from Academy Uniforms to create a modern, versatile range that improves on our current uniform in key areas such as affordability, style, durability and comfort. We want to know your feedback as we develop a range ready for manufacturing. Please click below to provide your feedback before Friday 22nd July.



<https://forms.office.com/r/9c005Peaem>



We understand there will be some questions regarding the uniform change. Here is a quick FAQ to address common queries.

Q. Will my child be able to wear existing uniform?

A. Yes. While the new uniform is the only uniform to be available for purchase from Term 4 onwards, current uniform will be able to be worn at Whittlesea Primary School for at least the next 12 months.

Q. Is the uniform more expensive?

A. For the majority of items the prices are comparable. Some items such as the polo will be slightly more expensive, but they will feature a new cotton-back material which has superior comfort and design properties.

Q. Are some items planned to remain the same?

A. Yes. Pending feedback, numerous items such as our school bag, hat, bomber jacket and winter skirts will stay the same. Some items will be updated with minor enhancements such as the addition of logos, change in fabric etc.

CALENDAR

July 20	VSSS Choir Rehearsal
July 22	Indigenous Families Campfire Conversation
July 29	VSSS Dance Rehearsal
	Foundation 100 Days of School Celebration

HAPPY BIRTHDAY

Wishing the following children a very Happy Birthday!

7th July

Alexx 5/6P

8th July

Eoin 00G

10th July

Jack 1/2JA

Deegan 3/4W

12th July

Sophia-Grace 3/4D

Willem 5/6RM

13th July

Kory 1/2P

16th July

Lincoln 00G

Ashton 1/2P

Azariah 1/2JA

17th July

James 00G

Cameron 3/4DM

Riley 3/4MW

Jesse 3/4W



Q. *Are we changing colours?*

A. No. Navy remains our base colour, although there has been some variety in the use of yellow and gold over the years. Our new uniform will be consistently navy and gold.

Q. *Where will we be able to buy uniform?*

A. Academy Uniforms are located at 238 Wolseley Place, Thomastown. Online orders will be available with delivery to school at no cost. In time, Academy have plans to establish a new onsite shop in the outer north, near Donnybrook.

Q. *Will the Year 6 special uniform items remain?*

A. Yes. We plan on using the same supplier as in previous years. Our current Year 5 students will collaborate on the design for 2023 and we hope this will be delivered for the start of the year.

Q. *Are there any brand-new items being considered?*

A. A new soft-shell jacket is being considered as part of the range. A sample is currently on display in the office foyer. This jacket would be another option to the bomber jacket design which we intend on retaining. A wet weather jacket with school logo is part of our current proposal also.

Enjoy the weekend,

Ty Hoggins
Principal

Hello everyone,

Welcome back to Term 3. Winter is well and truly upon us, and this week has been no exception...it has been cold. It is timely that we remind everyone about **labelling school uniform**.



Our process for collecting and storing lost property is also changing. At our recent school council meeting, we discussed a change to how we store and distribute items of uniform that have been lost or misplaced throughout the school day. The 'lost property-bench seat' on the verandah of the Heritage Building has been repurposed and all lost/misplaced items will now be stored in the office.

Students are encouraged to:

- Take items they find out in the yard to the office
- Check in at the office during breaks and before and after school if they have lost something e.g., jumper, hat, small toy etc.

It will make it so much easier to return your child's uniform if it is clearly labelled. Our Community Leaders will return uniform items throughout the day as part of their role in assisting the office.

All items of clothing, without names, will be collected and stored in the office also. You are welcome to check in at the office if your child has lost something. When weather permits, items of uniform without names will be offered for sale throughout the term as we have done in the past. If you have any questions about the process, please contact the office.



The Victorian State Schools Spectacular is fast approaching. Our dance group have been rehearsing for several months now and next Wednesday, 20th July, our choir attend their first intensive rehearsal at the Melbourne Town Hall. For those students attending, we will be leaving at 8.00AM. Please meet Mrs Gittos and Mr Watts at the Staff Carpark gate at 7.50AM. We anticipate our return to be between 4.30-5.00PM. A text message will be sent when we are 15 minutes away, to assist with pick up.

Tickets are on sale NOW via Ticketek. If you would like to purchase tickets and support a cast and crew of over 3000 Primary and Secondary students, not to mention our Whittlesea Primary School students, go to www.ticketek.com/spectacular.

If you are purchasing tickets, the best seating options to view our school's performances are:

DANCE: Sections 19, 20, 21, 22, 23, 47, 48, 49, 50

CHOIR: Section 9, 10, 31, 32, 33, 56, 57, 58

In closing, I would like to extend our gratitude to our fabulous parent gardening group for their work in transforming the front of our school this morning. The mulch has really made this area shine with a pop of colour and with the spotlights for the flagpoles going in next week, we are looking forward to unfurling our new flags next Friday.



Best wishes for a great weekend with your family 😊

Rae Gittos
Assistant Principal



Star of the Week



Term 2, Week 9

Foundation P Perry	Awarded to: Fletcher Cain For: his outstanding creativity in hiding a dragon under a bed!
Foundation M Merritt	Awarded to: Harrison Hodges For: always helping his classmates succeed in the classroom.
Foundation G Gordan	Awarded to: Natasha Loidl For: always doing your best in all areas of our school.
Year 1/2JA Fontana/Kaur	Awarded to: Azariah Thomas For: doing her best in writing by planning, drafting and editing her recount about Writer's Fest.
Year 1/2P Powell	Awarded to: Matayah Lindsay For: folding and cutting objects in halves and quarters, and explaining that they need to be equal pieces
Year 1/2M Maxfield	Awarded to: Jasper Sanders For: doing his best to improve his handwriting and creating entertaining writing pieces.
Year 1/2E Barker	Awarded to: Emily Lister For: editing her writing piece to include punctuation, capital letters and adjectives.
Year 1/2B Burgess	Awarded to: Nate Williams For: reading well and trying his best in all areas.
Year 3/4D Di Mauro	Awarded to: Indiana Ward For: being creative when publishing her Write Fest.
Year 3/4L De Luca	Awarded to: Spencer Sullivan For: being a supportive team member in the construction of his groups' marble run!
Year 3/4W Wright	Awarded to: Zachary Lackovic For: applying creative thinking skills to his inquiry project. Well done, Zachary!
Year 3/4C Cummins	Awarded to: Nevah Folder For: showing compassion and helping others succeed.
Year 5/6G Gorski	Awarded to: Max Braddock For: completing his reading learning with a positive mindset.
Year 5/6RM Reid/McAlley	Awarded to: Joseph Khano For: writing an entertaining piece of writing using descriptive language
Year 5/6V Vitale	Awarded to: Matthew Day For: his determination and positive attitude when playing soccer each week, and helping his team succeed! 😊
Year 5/6T Tuppen	Awarded to: Michael Sobh For: having the confidence to use a writing prompt to plan and draft a story.
Year 5/6P Panahinejad	Awarded to: Christopher Schmidt For: his engaging and creative written texts
PE Mr Leslie	Awarded to: Amelia Trafford For: Always giving everything a go and consistently demonstrating a positive attitude in PE

Term 3, Week 1

Foundation P Perry	Awarded to: Eden Webber For: her outstanding scary story! Great stretching of some tricky words.
Foundation M Merritt	Awarded to: Skylar Rowe For: stretching her words and writing heard sounds. Fantastic effort!
Foundation G Gordan	Awarded to: Lincoln Baxter For: doing your best sounding out new words. Great work!
Year 1/2JA Fontana/Kaur	Awarded to: Lotti Banbury For: doing her best during reading lessons and groups. Fantastic effort Lotti!
Year 1/2P Powell	Awarded to: Maya Smith For: her excellent descriptive sentences this week in writing, well done Maya!
Year 1/2M Maxfield	Awarded to: Fletcher McKechnie For: making great improvements with his writing and contributing to class discussions.
Year 1/2E Barker	Awarded to: Jordan Lamont For: his excellent effort recognising his sounds in reading this week. Great work Jordan!
Year 1/2B Burgess	Awarded to: Duke Wright For: returning to school settled and eager to learn and write new words.
Year 3/4WM Walsh/McCormick	Awarded to: Angus Argote For: demonstrating creative thinking during his inquiry learning.
Year 3/4D Di Mauro	Awarded to: Billie-Rose Alway For: Working hard on her poetry and including creative language to paint a word picture.
Year 3/4L De Luca	Awarded to: Jamison Dean For: looking after a new peer and being a great friend!
Year 3/4W Wright	Awarded to: Indiana Halley For: doing quick mental calculations when working with money
Year 3/4C Cummins	Awarded to: Nate Griffin For: always being an engaged and active participant in the classroom. Fantastic work, Nate!
Year 5/6G Gorski	Awarded to: Matthew Smith For: attempting all learning with a positive mindset and confidently sharing his ideas in discussions.
Year 5/6RM Reid/McAlley	Awarded to: Cannon Howard For: working hard on his decimals learning in maths. Well Done 🍷
Year 5/6V Vitale	Awarded to: Lily McDonald For: being a positive member of the class and asking great questions during class discussions. Well done, Lily! 🍷
Year 5/6T Tuppen	Awarded to: Ivy Dawson For: generating different questions for her information report. Well done, Ivy!
Year 5/6P Panahinejad	Awarded to: Indi Barker For: her outstanding persistence during learning
PE Mr Leslie	Awarded to: Aubrey Taylor For: Demonstrating her fantastic gymnastics skills in front of the whole class

BOOK CLUB ISSUE 5

Please return Book Club Issue 5 orders by next Friday 22nd July.

Orders can be placed online through LOOP or with an order form and the correct change in an envelope labelled with the students name.

 SCHOLASTIC

Book Club

CAMP PAYMENT PLAN INSTALMENTS

2022 Camp Instalment Dates

Year 3/ 4 Camp

~~Payment 1: \$73.60 25th March~~

~~Payment 2: \$78.20 29th April~~

~~Payment 3: \$73.60 27th May~~

~~Payment 4: \$78.20 24th June~~

Payment 5: \$78.20 22nd July

Payment 6: \$78.20 19th August

Year 5/6 Camp

~~Payment 1: \$71.88 25th March~~

~~Payment 2: \$77.87 15th April~~

~~Payment 3: \$71.88 13th May~~

~~Payment 4: \$77.87 10th June~~

Payment 5: \$71.88 8th July

Payment 6: \$77.87 5th August

Payment 7: \$71.88 2nd Sep

Payment 8: \$77.87 30th Sept



Each week, in the newsletter we will be featuring a Wellbeing page with background information, strategies and resources to help us all make sure we are looking after our mental health. This week, we are starting off with managing stress and emotions. At school, we use the language, that 'All Feelings are OK'. That includes comfortable and uncomfortable feelings. It is important that when children feel a particular emotion we acknowledge and accept that they may be frustrated, angry or shy. However, not all behaviours are ok. That is, how we might choose to respond may not be appropriate or safe.

Helping Children Manage Stress and Emotions

Helping your child develop health coping strategies to manage their stress, emotions, and challenging times is important as it will help them deal with setbacks and stressful situations easier and feeling equipped to manage their emotions.

Coping is about working and getting through hard circumstances and is a learnt skill with practice rather than something that we are born knowing how to cope. It's never too early or late to teach children healthy coping strategies that will foster their resilience.

Some ways to help teach health coping skills are:

Modelling health coping behaviours: practice healthy coping skills yourself. Children largely learn from observing how to cope from significant people around them. If they see you coping in healthier ways, it is more likely that they will do the same.

Teach new coping strategies when everyone (including yourself) is calm. It is increasingly more difficult to learn something new when we are feeling heightened or overwhelmed. Avoid introducing new strategies during a stressful situation.

Attempt various coping skills: there is not one fit for everyone and what works today may not work on another day. It is important that children practice various coping strategies to discover what works best at any given time.

Build coping skills into your daily routine: humans are creatures of habits and thus in practicing coping skills daily (not just when in distress), it becomes part of your child's everyday life and thus they will more likely utilise them automatically and without realising it.

Examples of coping strategies

Doing something active
Walk, jog, run, hike
Jumping jacks
Dance
Bounce or kick a ball
Squeeze a stress ball

Bike / scooter ride
Play a family game
Relaxation
Listen to calm music
Deep belly / stomach breathing

Tense and relax your muscles
Time out: take a quiet break
Cuddle or play with your pet
Talk and share your feelings with a trusted person

Have a fabulous weekend – Wellbeing Team



COMMUNITY NEWS



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 **ANZ HOT SHOTS**

EMOTION COACHING - HELPING KIDS WITH BEHAVIOUR & EMOTIONS

*Need some ideas on how to help your kids with their emotions?
Want to promote better behaviour in your kids?*

Upcoming webinars are scheduled for:

Wednesday 17th August 7.30-8.30pm
Friday 26th August 12.30-1.30pm

Bookings via <https://www.trybooking.com/CAGMO>



An introduction to a style of parenting called Emotion Coaching. This can help your child to become better equipped to manage their emotions and engage in behaviour that reflects this regulation.

This webinar will describe the 5 steps of Emotion Coaching and provide some real-life examples of how to help your child with their emotions and behaviour. It is a sample of the content that is delivered in a longer course titled Tuning In To Kids™.

These webinars are hosted by Ms Jessica Patti, who is a Mother and Clinical Neuropsychologist with experience working in public, private and educational settings in NSW and Victoria. She specialises in working with children and young people and has experience supporting individuals with brain injury, neurological disorders, developmental disorders, autism, ADHD, medical conditions, mood disorders, learning and behavioural difficulties. Jessica is registered with the Australian Health Practitioners Regulation Agency (AHPRA) with endorsement in Clinical Neuropsychology and is a member of the Australian Psychological Society (APS).



Child Psychology: Information and Tips
<https://www.facebook.com/profile.php?id=100071928164074>



@childpsychology_info.and.tips



pattipsychology@gmail.com



**Apply
now**

Have you applied for Kindergarten in 2023?

Apply by 30 June to be considered in the first round of offers.

3 & 4 year old kindergarten placement offers are going out to families during July/August.

You can access kindergarten for free or low cost, if you or your child,

- Holds an eligible Health Care/Concession card
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- Identifies as Aboriginal and/or Torres Strait Islander

For further information and to Apply visit www.whittlesea.vic.gov.au/kinder or email keo@whittlesea.vic.gov.au if you have any other questions.

