Primary Post

Whittlesea Primary School

Telephone: 9716 2140 Fax: 9716 2516 Email: whittlesea.ps@edumail.vic.gov.au Respect Your School Do Your Best Help Others Succeed



Issue 27-3rd September, 2020

PRINCIPAL REPORT

Hello everyone,

This week we are excited to share something new with our school community. It is our pleasure to introduce you to the first of our brand new house logos – the Bunjil Eagle. Over the next three weeks we will be introducing the logos



for each of our four houses. As you can see from the design, the school logo is embedded into the background of a yellow shield –

the Bunjil house colour. Each logo depicts a custom character designed by Joel Eddington; a graphic designer commissioned to complete this project for our school. The Bunjil Eagle is upon the Australian based Wedge Tail Eagle and has the unique characteristic 'strength'. You'll notice in the coming weeks that each logo has a different feature while fitting the theme for our school design. We can't wait to have this logo displayed in our school gym in the coming weeks. You'll also see these logos when we



hold house events and activities into the future. A big thank you to Mr Hough for his work in consulting with the designer to get it just right. Next week we look forward to sharing the Korangorangeet Dingo with you.

In response to feedback from students, staff and parents, we've planned a series of initiatives to conclude the term of remote learning. In Years F and

1 we have introduced scheduled sharetime into our daily routine to allow each child the opportunity to present to their class. In Years 2, 3 and 4 we are planning opportunities for social connection by creating small groups and scheduling organised 'chats' with teacher support. These approaches endeavour to meet the feedback around concerns that our students are missing opportunities to interact with friends and develop vital social skills. In Years 5 and 6 we will be offering an innovative week of afternoon electives. Students will be able to choose from over 10 different student directed challenges / projects which they can work through each afternoon. We are looking for ways to maintain engagement in remote learning and this elective program endeavours to change things up a little and provide new opportunities based on student choice. Some electives on offer include 'Capture COVID'- a time capsule project, 'Getaway' – a project looking at travel and international cultures and 'Supercoach' for those sports minded students. There will be something for every taste and we encourage our senior students

OFFICE HOURS

Office opening hours 8.30am - 4.00pm

HAPPY BIRTHDAY

Wishing the following children a very Happy Birthday!

4th September Harry 01P

6th September Chaz 00C Brandon 03M William 040

7th September Zoe 05P

9th September Ned 05L Tadhg 05RM Connor 05RM

10th September Harrison 01FD Lincoln 040



to embrace the opportunity to be creative and let the learning take them wherever they wish. This program will run throughout week 9 and replace specialist /inquiry learning for that one week only.

Next week our Student Led Conferences will take place for those students and families that opted in. By now, you should have received an email from your child's teacher confirming the day and time of your conference. Conferences will be scheduled for 10 minutes, with sibling conferences scheduled 5 minutes apart to allow for teachers to move between conferences and for a smooth transition where device are being shared at home.

In preparation for next week, we suggest you talk with your child and consider the following prior to their conference.

- Choose 3 pieces of learning that make you feel proud
 - Choose from Literacy, Numeracy and/or Inquiry
- Consider the following prompts for when you are talking to your teacher;
 - Why do you think you are good at this?
 - What does this tell you about your learning?
 - What part of this did you like?
 - Can you show us how you did this?
 - Tell us why this is an excellent piece of learning.
 - What did you learn while doing this type of learning?
 - Tell us what you learnt from completing this learning.
 - What do you know now that you didn't know before?
- Consider any learning goals you would like to set for Term 4.

For further information regarding Student Led Conferences, please see the document attached with this week's Primary Post.

To finish the week, we would like to congratulate the following classes for completing the Premier's Reading Challenge!



FOUNDATION	FOUNDATION	FOUNDATION	YEAR 1P
С	V	S	
YEAR 1FD	YEAR 2S	YEAR 2M	YEAR 6M



You still have time to register for the Premiers Reading Challenge (see last week's Primary Post for login details). Some classes are almost finished! Why not try GetEpic! These classes are certainly enjoying the variety of books on offer...

Year 3W 785 books Year 40 700 books Year 2S 587 books Year 3M 575 books Year 1FD 573 books

Which classes will be in our top 5 next week?

Also, don't forget 'Trick Shot Tuesday', what will your 'Trick Shot' be?

Until next week,

Ty Hoggins & Rae Gittos Principal Team

SCHOOL CHAPLAIN REPORT

Peter Ackland - school chaplain

School History 1977-1978 – Centenary Year Challenges

Peter G. Cotlam became the Temporary Principal from September 1977 to February 1978 after **Leo Morrison** departed before completing the year. I have found nothing to explain why this happened except to assume that space was at a premium and the problem was not letting up. The Mothers' Club which had been a helpful resource up to this point had evolved into the Parents' Club and minutes had ceased. But I did find this photo of the 1977 grade six students and their teachers.





From February 1978, **John H.** (Ern) **Best** [1978-1981] became the next school principal at the start of the Centenary year of Whittlesea Primary School No 2090. Enrolments were up to 383 with 11 classrooms, a library and a well-established art & craft room with facilities for pottery, textiles, photography, painting, and woodwork. Ern Best was supported by an office secretary, 15 staff and a cleaner. The number of enrolments for the 11 classrooms meant an average of 35 pupils per room and this was tight. The increasing enrolment had caused yet another portable to be placed just inside the Plenty Road fence line obscuring more of the old building from the road. With the newly acquired land behind still underprepared and neighbours Mr and Mrs Woods not willing to sell, the 'play-space' was just as tight. The aerial photo taken that year shows just how 'jammed in' the front area of the school had become. The portables enclosed a play-space used for fine weather assemblies and the only other supervised open space was at the rear next to the '1975 building'.



Being the Centenary Year, a large number of events were recorded, so I will be writing on this year for a number of articles to do it justice before moving on. I hope to present stories about the actual birthday celebration, some 1978 staff, an art project, and a school dress-up event.

To be continued...

WEEKLY WELLBEING CHECK IN #7

With images of cities in lockdown, exhausted healthcare workers, packed hospitals and rapidly increasing infection charts, it's hard not to be affected by the international Coronavirus pandemic coverage. The emotional toll from a global crisis can cause intense, confusing, and overwhelming emotions. These emotions aren't limited to the people who have directly experienced the event. Exposure to round-the-clock news coverage and endless social media posts can result in feelings of anxiety, particularly among children. Young people may feel particularly anxious about COVID19 as their daily realities are constantly evolving, such as schools being closed, parents' work situations changing and being unable to see loved ones such as grandparents or close friends.

Here are some tips to help your family work through the trauma of the COVID19.

1. Reassure your children that they are safe

The media's emphasis on the increasing n umber of cases can scare children as many may worry that their families, loved ones and/or themselves could fall victim to the virus. Don't be afraid to talk about COVID19 with your children. You can help to reduce their fear and stress by providing opportunities to answer questions in an honest and age appropriate way.

2. Limit media exposure

In this day and age, with news everywhere we can't shelter children completely from traumatic stories. However repeated exposure to graphic media stories is likely to cause fear in children. To avoid your children having to deal with these feelings alone ensure to limit their unsupervised access to television and social media. Instead, make sure you are with children when they are viewing stories and reassure them if they are feeling anxious. Check in regularly with the news, but balance it out with leisure activies that reduce stress.

3. Focus on positive stories

Highlight to your children the number of positive stories that are happening throughout the world. Here is a link to 80+ good news stories that you can share with your children. https://www.readersdigest.ca/culture/good-news-stories-world/

4. Spend time as a family

It is important to maintain social routines and spend meaningful time with children in the wake of the pandemic. If school holiday plans were altered due to the pandemic, ensure to still spend valuable time together.

We hope you find this information useful, stay safe and look after one another and remember, the sun will come out tomorrow!



STUDENT ACHIEVEMENT



Awarded to: Aran Wild
For: having a good go and doing great writing. So fantastic to see Aran, keep it
up!:)
Awarded to: Ava Argote
For: her amazing effort in stretching all the sounds she hears when she is
writing. Well done Ava!
Awarded to: Lola Mathews
For: making an amazing model of giraffe characters from the story. Well done
Lola!
Awarded to: Noah Leeson
For: ensuring his halves were exactly even by using a ruler.
. , , ,
Awarded to: Sarah Hallam
For: putting so much effort and detail into her writing piece about why she
wanted an iguana!
Awarded to: Harrison Birthisel
For: Demonstrating persistence and perseverance when completing all of his
learning tasks. Excellent Harrison!
Awarded to: Giovita Goci
For: demonstrating using her initiative to ask questions on Microsoft Teams
and by presenting her learning to a high standard. Fabulous Efforts Giovita!
and by presenting her learning to a might standard. I abditious Errorts Giovita.
Awarded to: Asha Abeling
For: writing an incredible recount about our virtual giraffe feeding experience.
Well done Asha!
Awarded to: Ellie-Mae Willoughby
For: attending all class meetings and trying her personal best. Well done Ellie!
Awarded to: Heidi Gallenti
For: always engaging with her team, attending all meetings, contributing to
posts and doing her best.
Awarded to: Michael Sobh
For: his outstanding effort when learning about similes this week.
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Awarded to: Max Braddock
For: the excellent effort he has been making during remote learning. Well
done, Max!
Awarded to: Baylin Hoffman
For: attending and contributing to class meetings and completing the learning
to the best of his ability.
Awarded to: Joseph Khano
For: demonstrating perseverance and determination to achieve his maths goal
promonational perseverance and determination to achieve his maths goal
in Mathletics. Well Done!
in Mathletics. Well Done!

Year 5P	Awarded to: Riley Gibson
Panahinejad	For: creating engaging text types during online learning.
Year 5L	Awarded to: Taylor Fuller
Leslie	For: showing great problem solving skills in Maths.
Year 5RM	Awarded to: Max Ackroyd
Reid/McAlley	For: a consistent commitment to your learning, asking questions and seeking
	challenges.
Year 6G	Awarded to: Nathan Gallenti
Gorski	For: assisting his class to overcome technical issues, happy to share his
	expertise and knowledge.
Year 6M	Awarded to: Oliver Morgan
Maxfield	For: completing a very interesting yearbook text and collecting all of his photos
	to add to his page.
Year 6S	Awarded to: Mia Charles
Smith	For: completing a fantastic and entertaining yearbook piece.
PE	Awarded to: Sophie Winter
Mr Hough	For: consistently being in engaged and enthusiastic about her PE learning.
The Arts	Awarded to: Ruby Susanof
Ms Walsh	For: her amazing effort on her Arts project during remote learning time. Well
	done Ruby!
Chinese	Awarded to: Madelyn Gittos
Ms Liu	For: completing her Chinese learning with a great effort for the last 6 weeks.

BYOD INFORMATION

It has been great to see families purchasing devices through our EduNet portal in preparation for 2021. Below are some questions that have been frequently asked by the community.

Q: If a parent sells the device to another parent and it is still in the 3 year warranty is the warranty still valid and does it transfer?

A: The warranty is tied to the device not the parent/student. The warranty will be valid

Q: Is the warranty valid if the child takes the device to secondary school in that 3-year lifespan? How will the EduNet technician access if this is the case? If the secondary school uses a different company, will this affect the warranty?

A: The device is still under warranty when the student attends secondary school within that 3-year period. The job would be logged on the EduNet portal by the school or family. Or if they have a preferred Lenovo certified repairer, they can request that they perform the job instead.

More Information:

https://www.youtube.com/watch?v=MULU9KHYJRM&feature=youtu.be

EduNet Portal: https://whittleseaps.technologyportal.com.au/ Access Code: WPS2021



This photo was taken prior to lockdown restrictions.

COMMUNITY NEWS



Exploring Women's Health 2020

YPRL in partnership with DVPHealth and Whittlesea Council have created four informative empowering sessions supporting women's health with a "Health at every size" focus. Health At Every Size (HAES) is a weight-neutral approach to health. HAES practitioners advocate that a focus on healthy behaviours, rather than a focus on reducing body size, is the most useful way to support people of all sizes to take care of their health.

Dietitians from DVP Health will share information and lead discussion in 3 sessions:

- Myth busting
- Breaking all the food rules
- Making peace with food

The fourth session is presented by the <u>Butterfly Foundation</u>: focusing on support for eating disorders and body image issues.

Understanding body image: this session provides information and practical tips to help parents/carers better understand and promote positive body image in the home.













Join us for a FREE 'Let's Talk Body Confident Children and Teens' session, 2.00 – 3.00pm on Thursday 10th September 2020.

Register Here

Every day we are faced with confusing messages around weight, health and body image. This can be a struggle for adults and even more so for young people as they move through their childhood and adolescence. It is therefore not surprising that it can be extremely difficult for parents and carers to know how to support their child's health and body confidence.



Our body image is formed by the thoughts, feelings, attitudes and beliefs we have about our bodies and how we look. This includes our shape, size, weight, gender identity, and the way our body functions for us. We may feel many different things about our body and appearance: sometimes satisfied/positive, sometimes dissatisfied/negative, sometimes a bit of both, or even neutral. Either way, our body image can influence how we engage with the world.

The journey to understand this can be very difficult for young people but help is at hand locally. <u>Baseline</u> for Young People is City of Whittlesea's Youth Services Team, providing programs, events and projects that young people (aged 10-25) can get involved in. Focusing on supporting and affirming young people through the transition from childhood to adulthood.

With more and 75% of mental health issues developing before a person turns 25 it is comforting to know that there is support specifically for young people. <u>Headspace</u> acts as a one-stop shop for young people who need help with mental health, physical health (including sexual health), alcohol and other drugs or work and study support.

The <u>Butterfly Foundation</u> supports all Australians impacted by eating disorders and body image issues, and for the families, friends and communities who support them. Butterfly offers a wealth of <u>resources</u> in <u>multiple languages</u> and a National Helpline on (1800 33 4673).

In this Women's Health Week (7 – 11 September 2020) we are proud to have Butterfly present a Positive Body Image program. With a focus on prevention, this session provides information and practical tips to help parents/carer better understand and promote body image in the home throughout childhood and adolescence. The session explores why positive body esteem, non-dieting approaches and healthy behaviours in relation to food and exercise are strong protective factors in the development of eating disorders. It looks at the power of positive role modelling, reducing appearance based talk and importantly how to respond when a child expresses negativity towards themselves or others.

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Bringing up Kids Expo ONLINE event

For parents/carers, children and grandparents

The Bringing up Kids Expo will bring together family support agencies to provide information on services, programs and events offered in the City of Whittlesea for your family and it's all ONLINE. Activities for children will be provided.

Join us ONLINE for a fun week of activities and lots of information:



- Parent programs
- Games and activities
- Local parenting information

When: Wednesday 9 – 16 September Where: ONLINE: Whittlesea Facebook Unites. An invite will be sent to all community members a week before the event. In the meantime, jump on and



https://www.facebook.com/WhittleseaUnites/

Free telephone interpreter service



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Facilitated in partnership with











For more information contact Family Services Education Officer on 9404 8865 or email family.training@whittlesea.vic.gov.au







Join us LIVE on
ZOOM for an
interactive, fun filled
Family
Musical Session
Wed 9th Sept @
11am

'Bringing Up Kids'

Join Zoom Meeting

https://us02web.zoom.us/j/83929578778

Meeting ID: 839 2957 8778

Passcode: 654393



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